Oxfordshire Joint Health and Wellbeing Strategy (2018-2023)



The Health and Wellbeing Board's **Priorities are:**

1. A good start in life

2. Living well

3. Ageing well

4. Tackling wider issues that determine health

Prevent, Reduce, Delay

Tackle Inequalities

A Good Start in Life

Importance

- Pregnancy and childbirth
- Schools

- Education
- Schools and universal services working together
- Prevention
- Support
- Deliver responsive services
- Work with all generations

Living Well

Importance

- Early Detection of Avoidable Conditions
- Support
- Targetting

- Prevention
- Nurture healthy communities
- Early detection
- Deliver high quality services
- Involve patients in design
- Holistic Care Mental Health

Ageing Well

Importance

- Over 85 increasing by 60-80% in the next 15 years
- Life Expectancy vs Disease free years
- Number of people with dementia is growing
- Active Ageing vs loneliness

- Focus on prevention
- Innovate
- Effective, efficient, sustainable joined up services
- Address seasonal pressures in health and care

Tackling Wider Issues that Determine Health

Importance

- Built environment
- Building Communities
- Housing pressures for health and care staff

- Healthy New Towns in Barton, Bicester
- 'Growth agenda' in Oxfordshire
- Protect the vulnerable
- Prevention vs reactive services
- Trust and collaboration

Prevent, Reduce, Delay

- Prevent illness
- Reduce need for treatment
- Delay need for care

Tackle Inequalities

- Why is this important?
 - Inequalities in opportunity
 - Inequalities in outcome
- What do we need to do to make a difference?
 - right services and support
 - measuring the impact of our work
 - work with the voluntary sector, carers and selfhelp groups.